



Pacific Northwest Ski Association A Division of US Ski and Snowboard

PNSA Code of Conduct for Nordic Coaches – This code of conduct supplements, but does not replace or limit, PNSA and US Ski and Snowboard codes of conduct.

- 1) PNSA trips are for the benefit of the athletes. As a coach I will do my best, both as an individual and as a member of a coaching team, to help each athlete to:
 - a. race as successfully as possible,
 - b. continue to develop a love for skiing and good sportsmanship,
 - c. discover the confidence and joy that come from meeting personal challenges.

- 2) The coaching staff on a PNSA trip works together as a team. I will do my best to make the coaching team successful, including:
 - a. clearly communicating my ideas, expectations, and questions to the trip leader and to the other coaches,
 - b. understanding my individual duties, as decided by the coaching team and the trip leader, and carrying them out to the best of my abilities,
 - c. treating each coach with courtesy and respect,
 - d. treating each athlete with courtesy and respect,
 - e. doing my share of the work, including tedious tasks.

- 3) Appearances have consequences. I will avoid the appearance as well as the substance of inappropriate behavior, including:
 - a. words or actions that denigrate others,
 - b. misuse of alcohol,
 - c. use of illegal drugs,
 - d. improper contact or relationships with individual athletes,
 - e. reckless or aggressive driving,
 - f. any other behavior that a reasonable observer would consider inappropriate or undesirable.

- 4) A code of conduct cannot anticipate every requirement. In addition to the above, I will do my best to make each PNSA trip as successful as possible.

By signing my name below, I indicate that I have read, understand, and agree with this code of conduct.

Print Name _____ Date _____

Signature _____